



2018 Southern California POOMSAE TAEKWONDO CHAMPIONSHIP

Individual, Para and Team Poomsae,



Saturday, August 4, 2018

Grace Ministries International Gym.
1701 W. Valencia Dr. Fullerton, CA 92833

For More Information

LAOCTKD@gmail.com

(760)668-1567 한국어(714)388-2572



CALIFORNIA TAEKWONDO UNITED



KOREA SPORTS ASSOCIATION in USA



LAKSA KTA in USA



LATA OCTA SDTA



2018 SOUTHERN CALIFORNIA POOMSAE TAEKWONDO CHAMPIONSHIP

GENERAL INFORMATION	
DATE	SATURDAY, AUGUST 4, 2018 9:00 AM ~
LOCATION:	Grace Ministries International Gym. 1701 W. VALENCIA DR. FULLERTON CA 92833
RESISTRATION:	\$60.00 FOR INDIVIDUAL POOMSAE \$60.00 FOR TEAM POOMSAE (3 people)* •All Team Members MUST also participate in the Individual Events.
DEADLINE:	WEDNESDAY, AUGUST 1ST, 2018
ADMISSION:	10 & OLDER \$5.00 , (9 YEARS OLD & UNDER FREE)
PARKING	FREE
AWARDS:	1st, 2nd & Two 3rds will be awarded Trophy
INFORMATION:	LAOCTKD@GMAIL.COM (760)668-1567, (714)388-2572 Korean

<i>SCHEDULE OF EVENTS</i>		
SATURDAY, AUGUST 4, 2017		
8:00am ~ 8:30am	All Masters, Referees, Volunteers & Staffs Meeting	Grace Ministries International Gym.
8:30am ~ 9:00am	Pick Up Competition Cards (MANDATORY) IMPORTANT: Only one Person from each school is allowed to pick up their school's envelope at the Check-In Table. Cards will not be issued to competitors individually at the Check-in Table.	Grace Ministries International Gym. Entrance, Lobby
9:00am~10:00am	Individual Poomsae (All Belts) Competition Begins	Holding Area
10:00am ~	Opening Ceremony	Grace Ministries International Gym.
	Continue Competition • Team Poomsae and Individual Poomsae	Grace Ministries International Gym.
Finish Competition	Closing & Awards Ceremony	Grace Ministries International Gym.

**2018 SOUTHERN CALIFORNIA POOMSAE TAEKWONDO CHAMPIONSHIP
SATURDAY, AUGUST 4 2018**

POOMSAE RULES:

Poomsae competitors must perform only the authorized poomsae designated for their specific rank.

Scores will be based on: Proper order, Beauty, Grace, Rhythm, Power, Technique, and Attitude. Authorized Poomsaes are those approved by the World Tae Kwon Do : Basic Forms, Taegeuk 1-8 and WT Black Belt Poomsaes: Koryo, Keumkang, Taebaek, Pyongwon etc.

The chart below designates required Poomsaes for your rank. To maintain consistency in competition, please wear the belt color corresponding with our ranking chart.

**INDIVIDUAL POOMSAE DIVISION
White to Black Belts Male & Female, All Ages**

AGE	5 & Under	6 -7	8 - 9	10 - 11	12 - 13	14 - 17	18 - 32	33 - 42	43 & Older
RANK	ALL	ALL	ALL	ALL	ALL	ALL	ALL	ALL	ALL

**TEAM POOMSAE DIVISION
3 MEMBERS TEAMS**

All AGES

ALL BELT

Select 2 Any Poomsae in TAEGEUK # 4 ~ #8, Black Poomsae Koryo ~ PyungWon

Team Poomse Rules and Regulations:

- Consists of 3 Members (No Specific Mix of Gender, Ages, Belt Ranks and family)
- Must wear matching Team Taekwondo uniform
- **All Team Members MUST also participate in the Individual Events.**
- Scoring will be based on: Synchronization addition to Regular Poomsae rules.
- All Competitors must prepare two Poomsaes If there is a tie, competitors will perform their second Poomsae in order to determine who will be in 1st, 2nd and 3rd place.

2018 SOUTHERN CALIFORNIA POOMSAE TAEKWONDO CHAMPIONSHIP

TEAM POOMSAE ENTRY FORM

ATURDAY, AUGUST 4, 2018 GYM. @ GRACE MINISTRIES INTERNATIONAL 1701 W. VALENCIA DR. FULLERTON CA 92833
9:00AM~ ID CARD PICKUP 9:30AM COMPETITIONS BEGINS

PLEASE FILL OUT THE ENTRY FORM COMPLETELY AND ACCURATELY! INCOMPLETE ENTRY FORMS CANNOT BE PROCESSED! PRINT NEATLY!!!

1	FIRST NAME	LAST NAME	AGE	BELT/RANK	Individual Event <input type="checkbox"/>
2	FIRST NAME	LAST NAME	AGE	BELT/RANK	Individual Event <input type="checkbox"/>
3	FIRST NAME	LAST NAME	AGE	BELT/RANK	Individual Event <input type="checkbox"/>

TKD SCHOOL NAME			
TKD SCHOOL ADDRESS	CITY	STATE	ZIP CODE
TKD SCHOOL PHONE # () -	E-MAIL		
MASTER NAME		MASTER'S SIGNATURE	

1st Poomsae	TAEGEUK <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> Koryo <input type="checkbox"/> Keumkang <input type="checkbox"/> Taebaek <input type="checkbox"/> Pyongwon
2nd Poomsae	TAEGEUK <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> Koryo <input type="checkbox"/> Keumkang <input type="checkbox"/> Taebaek <input type="checkbox"/> Pyongwon

Team Poomsae Rules and Regulations:

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TEAM POOMSAE FEE \$60	New Registration System: LAOC TKD now accept a registration and fee through your TKD School Master Only. An Individual must submit his or her application to your master. Make sure your fee payable to your school or pay with cash.
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Dear Master, send all completed forms and total fees with cashier's check or money order payable to <u>LAOCTKD</u>	DEADLINE: ARRIVE BY: <u>WEDNESDAY,</u> <u>August 1st</u>	MAIL TO: <u>LAOC TKD</u> 1103 AVIATION BLVD. HERMOSA BEACH, CA 90254
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Release and Waiver of Liability and Indemnity Agreement

In consideration of being permitted to participate in any way in martial arts program indicated below and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of minor participant named below agree:

1. I/we fully understand and the parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in the below martial arts activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believe anything is unsafe, the participant should immediately advise officials and refuse to participate. I understand that , if at any time, I feel anything to be unsafe; I will immediately take all precautions to avoid the unsafe area and refuse to participate further.
2. acknowledge that
 - A. There are risks and dangers associated with participation in martial art events and activity which could result in bodily injury partial and/or total disability, paralysis and death.
 - B. The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
 - C. These risks and dangers may be cause by the action, inaction or negligence of the participant or the action including/but not limited to, releases named below.
 - D. There may be other risks not known to us or are not reasonably foreseeable at this time.
3. I/We accept and assume such risks and responsibility for losses and /or damage following such injury, disability, paralysis or death, however caused in whole or in part by the negligence of releases name below.
4. I/We hereby release, waive, discharge and covenant not to sue the martial arts facility used by the participant , including it owner, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendation s, direction or instruction to engage in risk evaluation or loss control activities regarding the martial arts facility or event s held at such facility and each of them, their director , officers, agents, employees, all for the purpose herein referred to as " release" .From all liability to undersigned, my/our personal representative, assigns, executors, heirs and next to kin for any and all claims, demands losses or damages and any claim or demand therefore on account of any injury , including but not limited to the death of participant or damaged property arising out of or relating to event caused alleged to be caused in whole or in part by the negligence of release or otherwise.
5. I/we here by acknowledge that the activities are very dangerous and involve risk of injury and/or death and/or property damage.

I HAVE READ THIS REALEASE AND WAIVER OF LIABILITY, M ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY

1	
2	
3	

COMPETITOR SIGNATURE
(IF 18 YEARS OF AGE OR OLDER)

DATE

PARENT/ GUARDIAN SIGNATURE

DATE

(MANDATORY IF COMPETITOR IS UNDER 18 YEARS OF AGE)

2018 SOUTHERN CALIFORNIA POOMSAE TAEKWONDO CHAMPIONSHIP

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FIRST NAME			MI				LAST NAME		
HOME ADDRESS					CITY		STATE		ZIP
DAY TIME PHONE () -		BIRTH DATE		MONTH	DAY	YEAR		CIRCLE ONE MALE / FEMALE	

AGES:	RANK	9 & 8 KUB		7 & 6 KUB		5 & 4 KUB		3-1 KUB			POOM & DAN
	COLORS TO WEAR	White	Yellow	Purple	Orange	Green	Blue	Brown	Red	ADV. Red	Black Belt
BELT COLOR:	White	Yellow	Orange	Green	Purple	Blue	Brown	Red	ADV. Red		
	Authorized Poomsae	Basic or Taegeuk 1		Taegeuk 1,2, or 3		Taegeuk 3,4, or 5		Taegeuk 6,7, or 8			1st - Koryo 2nd - Keumkang 3rd - Taebaek

TKD SCHOOL NAME									
TKD SCHOOL ADDRESS					CITY		STATE		ZIP CODE
TKD SCHOOL PHONE # () -				E-MAIL:					
MASTER NAME							MASTER'S SIGNATURE		

INDIVIDUAL POOMSAE \$60	Registration System: Accept a registration and fee through your Taekwondo School Master Only. An Individual must submit his or her application to your Master. Make sure your fee payable to your school or pay with cash.
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 - C. These risks and dangers may be cause by the action, inaction or negligence of the participant or the action including/but not limited to, releases named below.
 - D. There may be other risks not known to us or are not reasonably foreseeable at this time.
3. I/We accept and assume such risks and responsibility for losses and /or damage following such injury, disability, paralysis or death, however caused in whole or in part by the negligence of releases name below.
4. I/We hereby release, waive, discharge and covenant not to sue the martial arts facility used by the participant , including it owner, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendation s, direction or instruction to engage in risk evaluation or loss control activities regarding the martial arts facility or event s held at such facility and each of them, their director , officers, agents, employees, all for the purpose herein referred to as " release"...From all liability to undersigned, my/our personal representative, assigns, executors, heirs and next to kin for any and all claims, demands losses or damages and any claim or demand therefore on account of any injury , including but not limited to the death of participant or damaged property arising out of or relating to event caused alleged to be caused in whole or in part by the negligence of release or otherwise.
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COMPETITOR SIGNATURE (IF 18 YEARS OF AGE OR OLDER)	DATE

PARENT/ GUARDIAN SIGNATURE (MANDATORY IF COMPETITOR IS UNDER 18 YEARS OF AGE)	DATE